

## Lincolnshire

Don't just change someone's life. Change yours too.

This fun, friendly, super-flexible volunteering opportunity matches you with someone with dementia so you can help them keep on doing the things they love - and try new things too.

That might be going to a football match. Catching the latest movie. A jog round the park, a splash in the pool, a mooch around the shops, a catch-up over coffee or supporting them to volunteer themselves.

Whatever they'd like to do, together you decide where and when. One thing you can be sure of is bringing a lot of joy into someone's life by empowering them to continue playing an activepart in their community.

Alzheimer's Society operates in England, Wales and Northern Ireland. Registered charity number 296645

## Get in touch today to find out more

## Call us on:

01472 359247

## Email us:

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